

# 清香散

THIS MEDICINE FOR GENERAL USE  
SHINKOSAN (Kososan Extract Granules)  
(Category 2 OTC medicines)

## INDICATIONS :

Following symptoms in person with poor physical strength, highly nervous mentality and gastrointestinal weakness; early stage of common colds, Chi-no-michi-sho\*.

\*Chi-no-michi-sho is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms caused by fluctuation of female hormones caused due to menstruation, pregnancy, childbirth or menopause.

## CAUTION FOR USE

• Who should seek consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Elderly persons.
  - (4) Persons who have experienced rash • redness or itching etc. due to medicines or something.
  - (5) Currently experiencing the following symptom: edema.
  - (6) Persons diagnosed as having the following: hypertension, heart disease, kidney disease.
2. The following symptoms may be adverse reactions to this medication. If any of these symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor. Take the instruction leaflet with you.

Related areas	Symptoms
Skin	Rash • redness, itching

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor if symptoms do not improve after taking this medicine for about 1 month (five or six times if you take this medicine for early phase of common cold). Take this leaflet with you.
4. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

#### DOSAGE

Take the following dosages with warm water or water, before or after meals.

Age	One dosage	Daily dosage
Adult (15 years or over)	1 Packet (2.0g)	3 times
7 years or over ~ under 15 years	2/3 Packet	
4 years or over ~ under 7 years	1/2 Packet	
2 years or over ~ under 4 years	1/3 Packet	
Less than 2 years	Do not use	

#### CAUTION ASSOCIATED WITH DOSAGE

This medication should be given to children only under adult supervision.

#### INGREDIENTS

3 Packet

Composition	Dosage	
Koubushi (Cyperus Rhizome)	2.00g	0.70g of a water extract of the mixed crude drugs.
Soyou (Perilla Herb)	1.00g	
Chinpi (Citrus Unshiu Peel)	1.00g	
Kanzo (Glycyrrhiza)	0.75g	
Shokyo (Ginger)	1.00g	
Koubushi powder (Powdered Cyperus Rhizome)	1.05g	

Soyou powder (Powdered Perilla Herb)	0.52g
Chinpi powder (Powdered Citrus Unshiu Peel)	0.52g
Kanzo powder (Powdered Glycyrrhiza)	0.39g
Shokyo powder (Powdered Ginger)	0.52g

Inactive ingredients: starch

#### CAUTION

Since the medicine contains crude drugs, the granules color may vary for individual products, however this has no influence on the efficacy of the medicine.

#### PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool dry place free from direct sunlight.
- (2) Keep all medication out of the reach of children.
- (3) Do not transfer to another container to prevent misuse and quality deterioration.
- (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.

#### MANUFACTURED AND DISTRIBUTED BY:

WAKAN-YAKU MEDICAL INSTITUTE CO.LTD.

1193 Akagisan, Fujimi-machi, Maebashi-shi, Gunma. Japan

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